

Enterprise Active Life Center

September 2022

TUESDAY	WEDNESDAY	FRIDAY
		2
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>		<p>Labor Day Meal</p> <p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles French Fries Watermelon Chocolate Pudding <i>Diet - Sugar-Free Chocolate Pudding</i> Milk Ketchup Mustard</p>
6	7	9
<p>Chile Lime Chicken Brown Rice Whole Wheat Tortilla Broccoli Black Bean & Corn Salad Tropical Fruit Milk</p>	<p>Meatballs in Marinara Sauce Pasta Garlic Texas Bread Parslied Carrots Brussels Sprouts Seasonal Fruit Milk</p>	<p>Turkey Breast with Gravy Wheat Bread Au Gratin Potatoes Green Beans with Onions Spinach Salad Peach Crisp <i>Diet - Sliced Peaches</i> Milk Margarine Ranch Salad Dressing</p>
13	14	16
<p>Chicken Cordon Bleu Biscuit Green Beans Parslied Carrots Tropical Fruit Milk</p>	<p>Sloppy Joe Sandwich Hamburger Bun French Fries Carrot Raisin Salad Hot Spiced Apples Sugar Cookie <i>Diet - Vanilla Wafers</i> Milk Ketchup</p>	<p>Swiss Steak over Egg Noodles Wheat Bread California Vegetable Blend Whole Kernel Corn Seasonal Fruit Milk Margarine</p>
20	21	23
<p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Pineapple Milk Ketchup Mustard</p>	<p>Fish Vera Cruz Whole Wheat Tortilla Spanish Rice Black Beans Coleslaw Applesauce Milk</p>	<p>Chicken Fried Rice (Rice in Entrée) Wheat Bread Broccoli Cabbage & Carrots Seasonal Fruit Fortune Cookie Milk Margarine</p>
27	28	30
<p>Pork with Lemon Caper Sauce Brown Rice Dinner Roll Whole Kernel Corn Spinach Salad Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	<p>Beef & Turkey Chili with Beans Wheat Bread Baked Potato Half California Vegetable Blend Tropical Fruit Milk Margarine Sour Cream Shredded Cheese</p>	<p>Salisbury Steak with Gravy Garlic Texas Bread Au Gratin Potatoes Parslied Carrots Green Peas Seasonal Fruit Milk</p>